

North District Country Relay Championships (Women)

Scottish Athletics Federation/Scottish Athletics Ltd

2025-6	1	Orkney AC&RC	45.00	Lillie Giggie-Bain	Elsie Hutchison	Ava Luke
	2	Highland HR	45.25	Kirstie Rogan	Lizzie Richardson	Mared Owen
	3	Stornoway RAC	47.13	Coleen Monrad	Ailyn Mackay	Abbie Stewart
2024-5	1	Highland HR (A)	47.30	Kirstie Rogan	Megan Bee	Caroline Marwick
	2	Moray RR	52.40	Grace Jenkins	Nikita Cruickshank	Jessica Haworth
	3	Highland HR (B)	54.24	Lorna Blake	Sarah Sigley	Joanne Wilson
2023-4	1	Moray RR	42.32	Katie Anderson	Katja Blunden	Gemma Cormack
	2	Inverness H	44.53	Asiya Cunningham	Rachel Gillies	Catriona Fraser-Lennox
	3	JSK Ross County AC	45.36	Tammy Wilson	Amanda Stuart	Emma Murray
2022-3	1	Highland HR	43.22	Katie Simon	Erin McFadden	Kirstie Rogan
	2	JSK Ross County AC	44.43	Julie Hoyle	Elizabeth Kerr	Emma Murray
	3	Moray RR	44.55	Keyleigh Oats	Michelle Slater	Susan McNairney
2021-2	1	JSK Ross County AC	46.29	Tammy Wilson	Linda Beaton	Emma Murray
	2	Moray RR	46.56	Susan McNairney	Zoey Gordon	Louise Cartmell
	3	Forres H	48.22	Hilary Cameron	Carrie Ward	Susan McRitchie
2020-1	No Championship due to Covid-19 pandemic					
2019-20	1	Inverness H	44.53	Gemma Cormack	Emily Andrew	Caroline Marwick
	2	Highland HR	47.15	Karen Lyons	Diana MacDonald	Catriona Morrison
	3	Moray RR	49.09	Iona Robertson	Justine Blaszk	Grace Whelan
2018-9	1	Inverness H	47.59	Gemma Cormack	Amy Hudson	Kirsty Watson
	2	Moray RR	49.03	Iona Craft	Justine Blaszk	Grace Whelan
	3	Highland HR	49.53	Rhona Grant	Morven MacKenzie	Phyllis Gullett
2017-8	1	Moray RR	48.38	Susan Rae	Justine Blaszk	Louise Cartmell

2	Highland HR	49.03	Anna MacArthur	Karen Lyons	Rhona Grant
3	Forres H	49.24	Siobhan Evans	Susan McRitchie	Hilary Cameron

2016-7	1	Inverness H	46.07	Sarah Liebnitz	Caroline Marwick	Julie Wilson
	2	Forres H	46.28	Siobhan Evans	Kirsty McArthur	Anna MacFadyen
	3	Highland HR	47.24	Lisa Allan	Rhona Grant	Karen Lyons

2015-6	1	Forres H	49.39	Moirra Davie	Hilary Cameron	Susan McRitchie
	2	Highland HR	50.18	Megan Bee	Bethan Nadin	Rhona Grant
	3	Inverness H	50.19	Roma Shepherd	Alison Wilson	Sarah Liebnitz

2014-5	1	Inverness H	47.20	Jodie Lynch	Helen Gertig	Caroline Marwick
	2	Highland HR	51.46	Bethan Nadin	Sarah Gillies	Rhona Grant
	3	Stornoway RAC	51.51	Allanna Goddard	Lisa Weir	Ceit Stewart

2013-4	1	Inverness H	49.22	Paula Ross	Julie Wilson	Alison Wilson
	2	Moray RR	52.53	Irina Thompson	Amanda Strang	Georgina Zissler
	3	Only 2 Teams Finished				
2012-3	1	Inverness H	57.56	Jenny Bannerman	Roma Shepherd	Mairi MavLennan
	2	Forres H	59.11	Moirra Davie	Susan McRitchie	Siobhan Evans
	3	Highland HR	59.36	Karen Lyons	Roxie Barreman	Morina MacDougall
2011-2	1	Inverness H	52.25	Melissa Whyte	Sheila Gollan	Jenny Bannerman
	2	Forres H	61.59	Kirsty Rogan	Jackie Nicol	Susan McRitchie
	3	Moray RR	63.09	Linda Smith	Claire Reilly	Elsbeth Jenkins
2010-1	1	Inverness H "A"	45.48	Melissa Whyte	Jenny Bannerman	Morina MacDougall
	2	Moray RR	50.58	Sarah Houston	Elsbeth Jenkins	Donagh Wilson
	3	Inverness H "B"	53.45	Roma Davidson	Eilidh Black	Alison Wilson
2009-10	1	Inverness H "A"	53.10	Melissa Whyte	Jenny Bannerman	Eleanor Reid
	2	Inverness H "B"	56.29	Morina MacDougall	Jackie Mair	Sheila Gollan
	3	Only 2 Teams Finished				
2008-9	1	Inverness H	60.36	Melissa Whyte	Doreen Campbell	Julie Wilson
	2	Moray RR	63.48	Melissa McGregor	Michelle Green	Lynda Davis
	3	Forres H	64.02	Jackie Nicol	Siobhan Evans	Carrie Ward
2007-8	1	Inverness H	47.35	Morina MacDougall	Jackie Mair	Julie Wilson
	2	Only 1 Team Finished				
	3					
2006-7	1	Inverness H	55.56	Eleanor Reid	Morina MacDougall	Jackie Mair
	2	Highland HR	56.14	Shirley Hay	R Bannerman	Mari Todd
	3	Only 2 Teams Finished				

2005-6	1	Inverness H "A"	51.55	Morag Ross	Jennifer Main	Marianne Young
	2	Inverness H "B"	52.34	Eleanor Reid	Julie Wilson	C Piper
	3	Forres H	55.26	Jackie Nicol	C Walker	J Duncan
2004-5	1	Inverness H "A"	57.12	Eleanor Reid	Katie Boocock	S Blackwood
	2	Inverness H "B"	58.05	Jennifer Main	D Heyer	Lorna Bennie
	3	Moray RR	59.35	Elseph Laird	Sarah Houston	Dawn Hardy
2003-4	1	Moray RR "A"	49.31	Jennifer Newman	Dawn Hardy	Jane Barker
	2	Forres H	59.19	A Rodgers	J Nicol	J Duncan
	3	Moray RR "B"	52.53	Sarah Houston	Barbara Bowie	Lynne Cowie
2002-3	1	Lochaber AC	51.13	Amanda Blackwell	Susan Ross	Nicky MacDonald
	2	Inverness H	51.23	Julie Wilson	Mandy MacIver	Margaret Woodhouse
	3	Nairn RR	53.10	S Robertson	M Muir	K Atkey
2001-2	1	Inverness H "A"	46.15	Fiona Spence	Jennifer Main	Julie Wilson
	2	Inverness H "B"	48.05	Fiona Dahl	Katie Boocock	Mandy MacIver
	3	Moray RR	50.04	Dawn Hardy	Linda Smith	Susan Henderson
2000-1	1	Inverness H "A"	50.45	Katie Boocock	H Logan	Julie Wilson
	2	Inverness H "B"	52.58	Mandy MacIver	S Gunn	Jennifer Main
	3	Moray RR	55.43	Elseph Laird	Mandy MacIver	Michelle Stewart
1999-2000	1	Inverness H	61.04	Ann Smart	Elizabeth Forbes	Janet Grigor
	2	Moray RR	65.54	Dawn Hardy	Michelle Stewart	Francis Wardhaugh
	3	Only 2 Teams Finished				
1998-9	1	Inverness H	48.13	Alison Campbell	Ann Smart	Julie Wilson
	2	Moray RR "A"	50.58	Dawn Hardy	J Blount	Marina Thompson
	3	Moray RR "B"	58.25	Lynne Cowie	Michelle Stewart	Francis Wardhaugh

1997-8	1	Fraserburgh RC	58.57	Marie Duthie	Ann-Marie Mitchell	Sheila Milne
	2	Inverness H	59.15	Anne MacLean	J McKinnon	Katie Boocock
	3	Moray RR	60.27	Dawn Hardy	Fiona Shiels	Marina Thompson

1996-7	1	Moray RR "A"	52.04	Phyllis Mitchell	Marina Thompson	Sheila Cluley
	2	Inverness H	52.58	Anne MacLean	Margaret Woodhouse	Julie Wilson
	3	Moray RR "B"	56.19	Dawn Hardy	Susan Henderson	Michelle Stewart

1995-6	1	Inverness H	51.59	Wendy Steel	Ann Smart	Julie Wilson
	2	Moray RR "A"	53.46	Phyllis Mitchell	Marina Thompson	N Elder
	3	Moray RR "B"	62.38	Susan Stronach	Francis Wardhaugh	Susan Henderson

1994-5	1	Minolta Black Island AAC	51.48	Margaret Adamson	Tracey Bethune	Claire Falconer
	2	Inverness H	53.17	Ann Smart	Elizabeth Gray	Julie Wilson
	3	Moray RR	56.01	Julie Wilson	Phyllis Mitchell	Marina Thompson

1993-4	1	Minolta Black Island AAC	49.33	Claire Falconer	Tracey Bethune	Frances Thin
	2	Inverness H	51.31	Julie Wilson	Margaret Adamson	Shelly Macrae
	3	Moray RR	52.44	Louise Davidson	Susan Stronach	Pamela Wheeler

1992-3	1	Moray RR	25.33	Sarah Leibnitz	Kerry Scott	Susan Stronach
	2	Minolta Black Island AAC	26.04	Lorna Campbell	Lynn McKenzie	Claire Falconer
	3	Fraserburgh RC	26.14	Jennifer McLean	Angela Arknell	Lisa Malley